



2017-18 Lunch Menu

Don't forget to reapply for free or reduced price meal benefits. You can turn in a paper application to the school or apply online at <https://onlinemealapp.sycamoreschools.org/sdms2>

Monthly Lunch Menu

Week	Monday	Tuesday	Wednesday	Thursday	Friday
Blue	Popcorn Chicken & Mac N Cheese Garden Green Beans, Assorted Fruit & Milk	Hamburger/Cheeseburger Lettuce, Tomato & Pickles, Assorted Fruit & Milk	Cincy Chili 3 Way w/ Crackers & Cheese Top it off with Red Beans or Onions; Celery Sticks w/ Hummus, Assorted Fruit & Milk	Lasagna Roll Up & Garlic Breadstick Romaine Side Salad, Assorted Fruit & Milk	Big Daddy's Pizza Slice Steamy Broccoli, Assorted Fruit & Milk
Red	Chicken Nuggets with Soft Pretzel Sweet Potato Waffle Fries, Assorted Fruit & Milk	Brunch For Lunch: Waffle Sticks & Turkey Sausage & Syrup Potato Smiles, Assorted Fruit & Milk	Grilled Cheese & Tomato Soup Steamed Broccoli, Assorted Fruit & Milk	Chicken Soft Taco w/ Cheese Black Beans, Salsa & Crunchy Corn	Cheese-filled Bread Stix w/ Pizza Dipping Sauce Garden Green Beans, Assorted Fruit & Milk
Green	Chicken Tenders with Roll Glazed Carrots, Assorted Fruit & Milk	Steak Hoagie w/ Mozz Cheese Potato Wedges w/ Ranch Seasoning, Assorted Fruit & Milk	Popcorn Chicken w/ Orange Sauce & Rice Peas & Carrots, Assorted Fruit & Milk	Cheesy-Quesadilla & Salsa Refried Beans, Corn, Assorted Fruit & Milk	Big Daddy's Pizza Slice Steamed Broccoli, Assorted Fruit & Milk
Yellow	Smiley Face Chicken Patty w/ Biscuit Mashed Potatoes, Assorted Fruit & Milk	Brunch For Lunch: Pancakes & Eggs Sweet Potato Cubes, Assorted Fruit & Milk	Pasta w/ Meat Sauce, Cheese & Garlic Breadstick Romaine Salad w/ Dressing, Assorted Fruit & Milk	Taco Meat, Cheese & Corn Chips Corn, Black Beans, Assorted Fruit & Milk	French Bread Pizza California Blend, Assorted Fruit & Milk
Daily Entrée Alternate:	Bagel w/ Cream Cheese, String Cheese & Yogurt	Uncrustable	Moo Meal: Yogurt, Granola Bites, String Cheese, Cheddar Goldfish	Chicken Corn Dog	Fish Sandwich
Daily Super Entrée Option: \$3.50	Regular or Spicy Chicken Patty Sandwich	Bacon Cheeseburger Or Grilled Chicken Sandwich w/ Bacon	Personal Pizza	Taco Salad Bowl Or Grilled Chicken Salad	Stuffed Crust Pizza
Additional Teacher Options	\$4.00 Meal: Bagel w/ Cream Cheese Grilled Chicken Sandwich	\$5.00 Meal: Veggie Wrap w/ hummus	\$5.00 Meal: Personal Pizza w/ loaded toppings of choice	\$5.00 Meal: Build a Salad Meal	\$5.00 Chicken Ranch Wrap

*Assorted Fruit such as dried fruit, canned fruit, whole fresh fruit and 100% juice, offered daily. Romaine Salad with toppings and fresh carrot sticks are offered daily in addition to the hot vegetable of the day! Students may select 3 side items with their entrée of choice.

All students purchasing a MEAL at lunch are required to select at least 1 serving of fruit or vegetable, but students may select up to 3 sides with a meal. The cashier will redirect students who have not met this requirement. Please ensure your student knows their student id number to expedite the line. Please be sure to check your meal account online to ensure proper funds are available for your student's a la carte (extra) purchases. Charging will not be allowed for a la carte items. Students are not required to take the hot vegetable with the entrée.

AUGUST					SEPTEMBER					OCTOBER					NOVEMBER					DECEMBER										
Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	
Blue		22	23	24	25	Red					1	Green	2	3	4	5	6	Green			1	2	3	Green					1	
Red	28	29	30	31		Green	4	5	6	7	8	Yellow	9	10	11	12	13	Yellow	6	7	8	9	10	Yellow	4	5	6	7	8	
Aug 22 - First day of school						Yellow	11	12	13	14	15	Blue	16	17	18	19	20	Blue	13	14	15	16	17	Blue	11	12	13	14	15	
						Blue	18	19	20	21	22	Red	23	24	25	26	27	Red	20	21	22	23	24	Red	18	19	20	21	22	
						Red	25	26	27	28	29	Green	30	31				Green	27	28	29	30			25	26	27	28	29	
						Closed: Sept. 4 - Holiday					Closed: Oct. 27					Closed: Nov. 7; 22-24 Thanksgiving					Closed: Dec. 19-Jan. 2 - Christmas Holiday									
JANUARY					FEBRUARY					MARCH					APRIL					MAY										
Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	Week	M	T	W	Th	F	
Red	1	2	3	4	5	Red					1	2	Red				1	2	Yellow	2	3	4	5	6	Yellow		1	2	3	4
Green	8	9	10	11	12	Green	5	6	7	8	9	Green	5	6	7	8	9	Blue	9	10	11	12	13	Blue	7	8	9	10	11	
Yellow	15	16	17	18	19	Yellow	12	13	14	15	16		12	13	14	15	16		Red	16	17	18	19	20	Red	14	15	16	17	18
Blue	22	23	24	25	26	Blue	19	20	21	22	23	Yellow	19	20	21	22	23	Green	23	24	25	26	27	Green	21	22	23	24	25	
Red	29	30	31			Red	26	27	28			Green	26	27	28	29	30	Yellow	30											
Jan. 3 - Return from Winter Break. Closed: Jan. 15 - Holiday						Closed: Feb. 16 & Feb. 19 - Holiday					Closed: March 12-16 Spring Break; 30-Apr 3 Easter Holiday					April 4 - Return from Easter Holiday					Closed: May 4 May 25 - Last Day for Students									

Cycle Menu Rotation Key: Color indicates weekly cycle for lunch menu; Bold Days = 1st and last day of school; Gray Color Square = School Closed

MEAL PRICES:

Lunch - \$ 3.00 Reg. meal
\$2.00 for extra entrée

\$3.50 Super Meal
\$2.50 extra entree

\$0.60 milk only; \$0.50 extra
side item

Staff Meals - \$4.00

*Entrée, water or milk, & up to
3 sides

This institution is an equal opportunity provider.